

The Promise

NOVEMBER 2020

...OF A RETURN TO A NORMAL LIFE

NEWSLETTER OF THE MIAMI OSTOMY AFTERCARE PROGRAM



The Miami Foundation

GiveMiami 2020 day

GIVE MIAMI DAY IS NOVEMBER 19TH!

For the first time Miami Ostomy Aftercare Program will be participating in **Give Miami Day 2020**, on Thursday, November 19TH.

The online philanthropy event has raised over \$61-million in the last 10 years for nonprofit organizations in the Miami area. We need everyone's assistance to spread the word that Miami Ostomy Aftercare Program is now participating in this online event. Ask all your relatives and friends for their help. Donations of all sizes are needed. A donation of any size is important but spreading the word further to family and friends is even more important.

If you have an ostomy, have a family member or friend who has had ostomy surgery, or know anyone who has had this life-changing surgery, you know how important ostomy aftercare is.

A MESSAGE FROM OUR PRESIDENT

WILL M.O.A. P. BE A VICTIM OF COVID-19?

Miami Ostomy Aftercare Program (M.O.A.P.) has been severely impacted by the Covid-19 pandemic. In the first quarter of 2020, our major funding source, a family foundation which provided our basic operational funding for the past three years, notified us that their board of directors voted to provide funding only to hospitals, which were in extreme financial distress due to the virus.

We have managed to raise funds to continue operations through December 31, 2020. That leaves us without operating income for 2021. We are in need of a new source(s) of financial support in order to continue providing services to patients and educating nurses in ostomy care.

If you can help, or know someone who can,
please contact me by email at
halspaet@gmail.com or by phone 786-580-3928.

Hal Spaet,
PRESIDENT

JOIN US for the 7TH Virtual Meeting of the Miami Ostomy Aftercare Support Group

November 24TH, 2020, 6:30pm

"Some Ostomate Myths,
Some Hints and Having Some Fun!"

**By: Wendy Lueder,
President of Broward Ostomy Association**

Join Zoom via Computer:

CLICK
HERE

<https://us02web.zoom.us/j/82853458936?pwd=cDBwbEhveHNPejc3dnkyRm1razN5UT09>

Meeting ID: 828 5345 8936

Join via Phone:

Dial by your location:

- +1 (301) 715 8592 US (Germantown)
- +1 (312) 626 6799 US (Chicago)
- +1 (929) 205 6099 US (New York)

CHECK OUT OUR WEBSITE:
miamiostomyaftercare.org



Miami Ostomy Aftercare Program, Inc. is a Florida not-for-profit corporation recognized by the IRS under section 501(c)(3) for tax deductible donations.

MIAMI OSTOMY *AFTERCARE*

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HOURS: Monday – Friday / 9am – 5pm

PRESIDENT: Harold W. Spaet

VICE PRESIDENT: Ana M. Restrepo, RN, BSN, CWON

SECRETARY: Robert Seaman

SENIOR CONSULTANT: Susan Neuman, BA, APR, MBA

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THE PROMISE EDITOR: Susan Neuman

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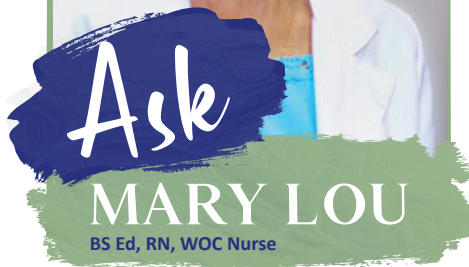
SUPPORT GROUP:

Fourth Tuesday of each month at 6:30 pm via Zoom

NURSES TRAINING:

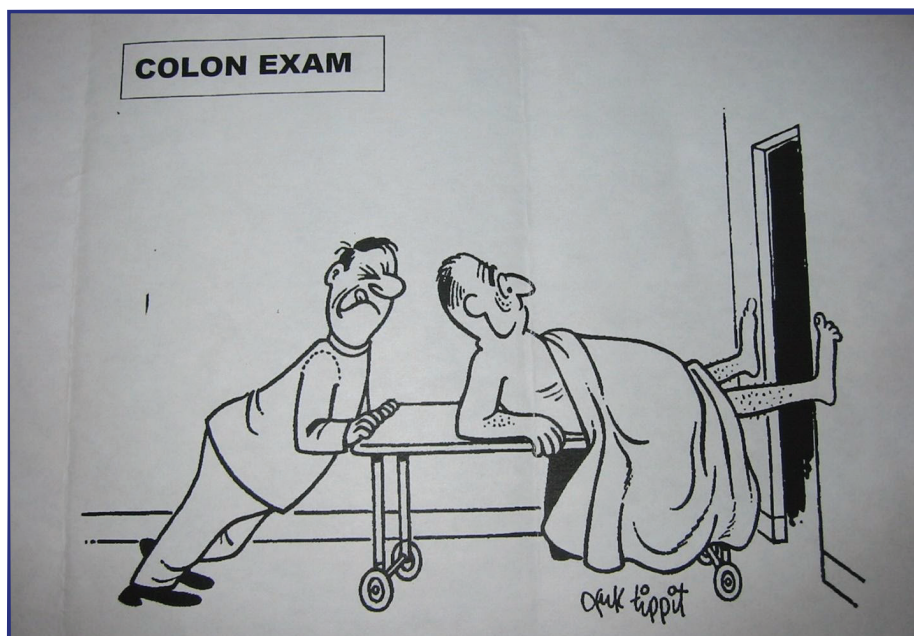
Next OCA class, TBA first quarter of 2021. "Teaching the Teachers" for home health care nurses by appointment.

MEMBER OF:



Ostomy Care Hints

Don't be afraid to take a shower with your pouching system off. Use gentle water pressure and avoid hard water pressure spraying directly on the stoma. Pulsating or forceful shower spray could cause some bleeding, so is best to stand with your back to the spray of the shower. Soap and shampoo won't hurt your stoma, just be sure to rinse very thoroughly at the end of your shower. Be prepared, and have something available to catch drips from a urostomy or ileostomy after the shower. Some people use a clean, dry washcloth or small towel, gauze or paper towels to absorb any flow from the stoma while drying off and getting ready to place a new pouch.



HELP Amazon Smile SMILE ON US!

Do you shop on Amazon? Did you know that you could direct Amazon's charitable giving to a charity of your choice?

Simply by making all your purchases through the Amazon Smile website, you can select a charity for Amazon to make contributions to based on your purchases. There is no extra charge to you. You are helping Amazon direct their donations to charities their customers select. They will send your charity 0.5% of your eligible purchases. Every little bit helps!

Share this information with your family and friends. The more who select Miami Ostomy Aftercare Program from their list of charities (yes, we are there!), the more donations will result.

Go to: www.smile.amazon.com to sign up and make all your purchases through the smile.amazon.com website or app.

CALENDAR

NOVEMBER 19TH

GIVE MIAMI DAY 2020

NOVEMBER 24TH

SUPPORT GROUP MEETING